Intro to Orienteering

ShareThis [1]

July 30
Sunday



Quantico Orienteering Club invites all newcomers to join us for an "INTRODUCTION TO ORIENTEERING" as we gear up for our 2017/18 season in September. This year we are hosting two purely beginner-oriented events: this one at Wheaton Regional Park (MD) and another [2] in Virginia taking place on Saturday, Aug. 5 at Mason Neck State Park, Lorton, VA.

These will be FREE beginner-only orienteering events for all ages - from children to adults. For anyone who has ever wanted to try orienteering, or just wondered what it is, here's the chance to come out and give it a go. Those of you who are already seasoned orienteers - this is your chance to invite your co-workers and friends out to experience that activity you're always saying great things about!

Participants will learn the basics of orienteering from experienced instructors and then apply their newly acquired skills on a beginner level orienteering course (either a White or Yellow Course) that same day. **Registration opens at 10:00 AM and instruction will be offered approximately**

Copyright © 2024 - Quantico Orienteering Club - All rights reserved.

every 20 minutes beginning at 10:20 AM and running through Noon. Participants can either orienteer solo, or in small groups of their own choosing. All participants will have until 1:30 PM to complete their courses, and you can walk or run your course as you wish.

The only equipment you'll need to bring is your brain, some active clothing/sportswear, a comfortable pair of athletic shoes, and a watch. Compasses will be available, but please bring your own if you have one. Participants may also want to bring along extra water or beverages, though there will be plenty of water on the course and at the start/finish/instructional area.

Pre-registration is being offered for this event due to park permit participant limits. Please click here [3] to register to ensure your sport and get in on the fun!



Location	Wheaton Regional Park, Shorefield Area, Shelter H, Wheaton, MD (Beginner)
Registration	Please click here [3] to pre-register to ensure your spot and speed up check-in. On-site registration will also be open from 10:00 am to 12:00pm, pending space availability.
Start Times	You may start your course at any time during the start window listed below for your event.
Schedule	**Sunday, July 30** 10:00 am - 1:30 pm Beginner:
Volunteers	Event Director: Heidi Onkst [4] Course Designer: David Onkst [5]
Location Details	